MARO MONTHLY

with Northwell Health's Crisis Management Team

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HELLO!

Welcome to another month of Northwell Health Crisis Management Team's newsletter, where you can share, learn about, and explore emergency management topics! Each month we will highlight different topics in emergency preparedness and emergency management, as well as healthcare administration. We encourage you to review our upcoming course offerings and other relevant information!

As always, we look forward to sharing our resources, hearing your suggestions, and getting to know <u>you</u> at our trainings.

The February 2024 newsletter will be centered around *vulnerable* populations in healthcare.

OUR MISSION To lead the health sy

To lead the health system and community in an efficient and effective way before, during, and after emergency situations.

OUR VISION

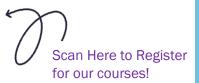
Northwell's Crisis
Management Incident
Response Team is
committed to providing the
surrounding community
with a high-quality learning
environment, training
resources, and promoting
an environment of
collaboration with our
training partners.



"Helping people at their most vulnerable time is a privilege."









Vulnerable Populations: Preparing the Whole Community for Emergency Situations

Vulnerable populations are defined as groups of people who are most likely to be affected by disaster situations and least likely to recovery without sufficient support (NCPD,2024). These groups include:

- Children
- The elderly
- Those with disabilities
- The impoverished

Vulnerable populations require additional more tailored support which requires careful preparation and planning by emergency managers. It is critical emergency management personnel understand how to meet the needs of a community and utilize a multifaceted approach to meet said needs. This can be accomplished by calling upon professionals from the public, private, and civic center. Whole community integration allows for stronger mitigation, preparation, response, and recovery efforts from hazards. (FEMA, 2024)



Emergency Preparedness Kits for Vulnerable Populations

Every individual can take steps to prepare for emergencies. For people with disabilities, creating an emergency plan to fit individualized needs can heighten preparedness and mitigate disaster impact. One way to prepare is through building an emergency kit. Below are items that different vulnerable populations can consider including in their emergency preparedness kit

For people who are hearing impaired

- Extra hearing aid batteries
- Pen and paper to communicate with someone who does not know sign language.
- Battery operated lantern to be able to illuminate others for sign language communication.

For people who are visually impaired

- Braille labels throughout an emergency kit
- Any assistive devices such as a walking cane or communication devices
- Food and water for a service animal
- Sturdy shoes

For people who have a motility disability

- Extra batteries for power operated wheelchairs
- Backup manual chair
- Equipment for any tire repairs
- Extra mobility devices such as a cane or walker

Source: (DHSES, 2024)

VULNERABLE POPULATIONS

Identifying individuals who require more tailored support in times of disaster.

Examples of Vulnerable Populations*:

This list is non-exhaustive



Those with limited English proficiency



Children



The Elderly



The Impoverished



The Disabled

Interesting Fact:



"Research has shown that those who are socioeconomically disadvantaged have an increased rate of mortality."

Source: (Waisel 2024)



Medication and Vulnerable Populations in Emergency Situations

In emergencies, vulnerable populations can be at a heightened risk due to their use of medications for maintaining their health and control of medical conditions, such as diabetes.

Through including medication in emergency kits and consultation with healthcare providers, vulnerable populations can prepare their medications for an emergency.

Tips for ensuring emergency preparedness for people who use medications include:

- Consult your healthcare team to establish an emergency medication supply tailored to your needs.
- Maintain a comprehensive list of prescription medications including dosages, frequency of use, and requirements for administration.
- Keep a list of any allergies to medications.
- Ensure a stock of nonprescription medications such as pain relivers, fever reducers, antihistamines, and antidiarrheal medicines.
- Have a cooler and chemical ice packs readily available for your emergency kit if you have medications which need to be refrigerated.
- Remember to include medical supplies in your emergency kit. This can include hearing aids, oxygen, insulin, catheters, or other regularly used supplies.

Source: (DHSES, 2024)

UPCOMING COURSES





Course: PER-345

Date: 04/15/2024

Location: Nassau- Register through the Crisis Management Website



Course: CERC Workshop

Date: April 2024

Location: Webinar- Register through the NYS DOH LMS



Course: PER-355

Date: 04/15/2024

Location: Nassau - Register through the Crisis Management Website

For the full list of upcoming courses visit the Crisis Management Website!

April 2024 MARO Monthly Topic:
Clinical Team Members & EMS Integration into
Emergency Management



Submit your questions for Clinical Teams & EMS by scanning the QR code!





